

west coast



- › **Demographic:** Children, Adolescents, and Adults
- › **Conditions Treated:** Depression, Anxiety, Trauma, Relationships, and More
- › **Levels of Care:** Outpatient Therapy
- › **Location:** Carlsbad and La Mesa, California
- › **Learn More:** adrwellness.com



- › **Demographic:** Adults
- › **Conditions Treated:** Substance Use Disorders and Co-occurring Conditions
- › **Levels of Care:** Detox and Residential
- › **Location:** Sausalito, California
- › **Learn More:** altamirarecovery.com



- › **Demographic:** Adults, LGBTQ+
- › **Conditions Treated:** Addiction, Chemsex, Mental Health Conditions including Trauma and PTSD, and Integrated Eating Disorders
- › **Levels of Care:** Detox, Residential, PHP, IOP, Transitional Living, and Outpatient Services
- › **Location:** Los Angeles, California
- › **Learn More:** breathelifehealingcenters.com



- › **Demographic:** Adults
- › **Conditions Treated:** Mood, Anxiety, Trauma, and Other Mental Health Conditions
- › **Levels of Care:** Residential
- › **Location:** Beverly Hills, California
- › **Learn More:** bridgestorecovery.com



- › **Demographic:** Adults
- › **Conditions Treated:** Trauma-Related Disorders, Depression, Dissociation, Bipolar Disorders, Panic and Anxiety, Addiction and Compulsive Disorders, and Personality Disorders
- › **Levels of Care:** Residential, PHP, and IOP
- › **Location:** Carlsbad, California
- › **Learn More:** wingsrecovery.org



- › **Demographic:** Adults
- › **Conditions Treated:** Complex Psychiatric Disorders
- › **Levels of Care:** Residential, Residential/PHP Prep, PHP with Housing, IOP with Housing, IOP, and Outpatient
- › **Location:** San Diego, California
- › **Learn More:** brightquest.com



- › **Demographic:** Teen Girls and Adults of All Genders
- › **Conditions Treated:** Complex Depression, Anxiety, and Eating Disorders
- › **Levels of Care:** IOP for Teen Girls and Adults of All Genders; Residential and PHP for Teen Girls, TGNC, and Women
- › **Location:** Bellevue, Washington
- › **Learn More:** thirahealth.com

midwest



- **Demographic:** Adolescents and Adults
- **Conditions Treated:** Addictions, Eating Disorders, Mental Health and Related Trauma
- **Levels of Care:** Residential for Teen Girls, Adolescent PHP and IOP, as well as Adult Residential, PHP, IOP, and Virtual IOP
- **Locations:** Northbrook, Naperville, Chicago, and Matteson, Illinois
- **Learn More:** suncloudhealth.com



- **Demographic:** Children 5+, Adolescents, and Adults
- **Conditions Treated:** Anxiety, Depression, Trauma, Eating Disorders, School Refusal, and Other Mental Health Conditions
- **Levels of Care:** Outpatient Therapy, Neuropsychological Testing, Medication Management, Dietitian Counseling, Adolescent PHP and IOP Resiliency Program
- **Locations:** Vernon Hills and Northbrook, Illinois
- **Learn More:** simplybeecounseling.net

southeast



- **Demographic:** Adults
- **Conditions Treated:** Complex Psychiatric Disorders
- **Levels of Care:** Residential, Residential/PHP Prep, PHP with Housing, IOP with Housing, IOP, and Outpatient
- **Location:** Nashville, Tennessee
- **Learn More:** brightquest.com



- **Demographic:** Adolescents and Adults
- **Conditions Treated:** Mood Disorders and Anxiety Disorders
- **Levels of Care:** Outpatient Therapy
- **Location:** Delray Beach, Florida
- **Learn More:** centerforanxietydisorders.com



- **Demographic:** Children, Adolescents, and Families
- **Conditions Treated:** Anxiety and Related Disorders, Mood Disorders, Behavior Disorders, ADD/ADHD, Autism Spectrum Disorder, Eating Disorders, Developmental Disorders, and Learning Disorders
- **Levels of Care:** Outpatient Therapy
- **Location:** Delray Beach, Florida
- **Learn More:** childrenstreatmentcenter.com